



# Our services: Northern Sydney Gambling Counselling Service



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The Northern Sydney area Gambling Counselling Service is a *free* and *confidential* service which offers treatment and support for problem gamblers and their families. We provide confidential support, understanding, advice and information for all drug, alcohol and gambling related issues.

### ✓ Who are we?

The Gambling Counselling Service of Northern Sydney region. The Gambling Counselling Service is staffed by a team of qualified and experienced clinicians including a Psychiatrist and Clinical Psychologists. We are based at Hornsby Ku-ring-gai, Ryde, Mona Vale and Royal North Shore hospitals in the local D&A services.

### ✓ What do we do?

We provide confidential support, understanding, advice and information for all drug, alcohol and gambling related issues. We offer:

- Comprehensive assessment.
- Ongoing personal counselling and support.
- Advice and help to assist you to combat urges to gamble.
- Counselling for a range of associated problems including depression, anxiety, substance use and mental health issues and referral to specialist services where appropriate.
- Information on community resources including legal and financial services.
- Relapse prevention strategies.
- Counselling and referral for family and friends.

### ✓ How you can access our service

This is a free service. Appointments are essential.

The Drug, Alcohol and Gambling Service sees clients from across the Northern Sydney area, covering the Willoughby/Ryde, Hornsby Ku-ring-gai, Pittwater/Manly and North Sydney/Lane Cove Local Government

## Related links:

- [Printable version](#)
- [Gambling Counselling Service- more information](#)
- [Do you have a gambling problem?](#)
- [How does gambling become a problem?](#)
- [Help for gambling problems](#)
- [Gambling information for family & friends](#)
- [Drug, Alcohol & Gambling Service](#)
- [Northern Sydney Drug and Alcohol Counselling Service](#)
- [Adult mental health](#)
- [Social work](#)

Areas.

You do not need a referral from your doctor prior to making an appointment.

### ✓ **Where you can find us**

The Gambling Counselling Service is part of the **Hornsby Drug, Alcohol and Gambling Service** at Hornsby Ku-ring-gai Hospital and has outreach services in Mona Vale, Ryde and Royal North Shore Hospitals.

- Hornsby Drug, Alcohol and Gambling Service  
Hornsby Ku-ring-gai Hospital  
Low Road Entrance
- Ryde Drug & Alcohol Service, Ryde Hospital, Fourth Ave, Ryde
- Northern Beaches Drug & Alcohol Service, Coronation Ave, Mona Vale
- Herbert St Clinic, Royal North Shore Hospital, Herbert St, St Leonards

### ✓ **What are our hours?**

Monday to Friday 8.30am to 5.00pm. We are able to offer after-hours appointments. This can be organised when you ring for your initial appointment.

For assistance outside our service hours, please contact the G-Line (NSW) problem gambling information, counselling and referral help line which operates 24 hours 7 days per week.  
Phone 1800 633 635; TTY 1800 633 649

### ✓ **How you can contact us**

- Hornsby Drug, Alcohol and Gambling Service  
Hornsby Ku-ring-gai Hospital  
Low Road Entrance  
Hornsby 2077  
Phone: 9477 9567
- Mona Vale Drug & Alcohol Centre  
Mona Vale Hospital  
Phone: 9998 0360
- Ryde Drug & Alcohol  
37 Fourth Avenue  
Eastwood (Ryde Hospital)  
Phone: 9858 7776
- Herbert St Clinic, Royal North Shore Hospital  
Herbert St, St Leonards

## ✓ **When you arrive**

You will be given information on privacy and your rights. You will be asked to fill out some details, then a clinician will talk to you. This usually takes 1 ½ hours. If you wish to be seen again an appointment will be made at the end of the session.

## ✓ **More Information**

We have an information page for the **Drug, Alcohol & Gambling service**. We also have more information on the **Gambling Counselling Service**. We have 4 fact sheets on gambling: "**Do you have a gambling problem?**", "**How does gambling become a problem?**", "**Help for gambling problems**", "**Information for family & friends**".

**Printable version**  ; **More Gambling Counselling Service Information** 



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