

MEDIA RELEASE

EXHIBITION UNVEILS THE CREATIVE TALENTS OF HOSPITAL STAFF

So just how do some of our health professionals relax when they're not caring for patients in our hospitals? 'Artful' a special exhibition to be launched at Gosford Hospital's 'Arts for Health' Gallery offers an insight into some of the ways that hospital staff spend their leisure time.

Featuring artworks from 23 members of Central Coast Health's staff, the visual arts exhibition is a window into the dreams, feelings and expressions of staff that wouldn't usually be seen by visitors to the hospital.

"Photography has been my lifelong hobby," said Woy Woy Hospital Physiotherapist, Margaret Heath who has several photos in the exhibition. "It contrasts with the life situations that I confront everyday and is my creative outlet.

"I work inside all day which might be why all my photographs are taken outdoors," suggested Mrs Heath.

Exhibitors comprise of nursing, medical and administrative staff who have employed a combination of art forms including painting, photography, textile, mosaic, poetry and writing to express their values and feelings.

'Artful' is the third exhibition at Gosford Hospital as part of Central Coast Health's Arts and Cultural Program aimed at bringing the benefits of art into healthcare.

In addition to the exhibition of staff artworks a specially commissioned mortuary cloth will also be on display. The mortuary cloth was commissioned by the Australian Museum and is part of an ongoing Arts and Cultural project to enhance the mortuary viewing rooms at Gosford and Wyong Hospitals.

'Artful' will be opened by Central Coast Health, Chief Executive Officer, Dr Stephen Christley at 10.30am on Thursday 18th March.

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MEDIA ARE INVITED TO ATTEND THE LAUNCH OF 'ARTFUL' AT THE ARTS FOR HEALTH GALLERY AT GOSFORD HOSPITAL LOCATED ON LEVEL 3 (USE MAIN ENTRANCE LIFT, EXITING ON THE LEFT ON LEVEL 3) AT 10.30AM.

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